## FULL 169 hours of

## ICF Accredited & NLP Certified

## Coach Training

With guided coaching sessions & mentoring

Brought to you

by



Creating InnerMost Shift in People ™













Covering 169 hours ACSTH under our ICF ACTP training, including Mentorship, required to apply for PCC level

Covering over 84 hours ACSTH of training, required to apply for ACC level

Depending on the hours required participant can choose to cover 15 hrs, 25 hrs or 40 hrs

More than 140hours of classroom training followed by guided self study

Over 64 hours of classroom training followed by guided self study

LPHASTARS

As per the participant requirement

In depth understanding & application of ICF Core competencies and Code of Ethics.

Training covers application of all ICF Core competencies Code of Ethics.

Part of ICF core competency covered.

10 hours + Mentorship for ACC, PCC application *included* as part of the ACTP course

Participants mentored on their performance, 10 hours mentorship extra as required for ACC, PCC application under ACSTH is separate.

Participant can take guidance on specific topic covered in the course

Assessments done internally, i.e. for both ACC & PCC level the coaching assessment will be done by the AlphaStars Mentor Coach. Cost included. Takes 4 weeks

For PCC level, recorded coaching sessions and script to be forwarded to ICF for assessment. Extra cost to be paid to ICF. Takes 14 weeks

For ACC or PCC level, recorded coaching sessions and script to be forwarded to ICF for assessment